



Issue/or/Revision
14-2-2021

date:



as it ex-
ists and

evolves today





Mahatma Gandhi and Netaji Subhash Chandra Bose during annual meeting of National Congress in 1938.(image: wikipedia)



by ybrao-a-donkey

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Note: I may change my mind/views and revise these booklets from time to time, if I find that there are flaws in my ideas / thinking / methods. <2>★

GLOSSARY of Abbreviations used in this book:

rsnz/: rsns/: Causes, reasons. iez/: Issues , problems ftrez/: Features. Common Features, Daily Features. eglnkz/: Examples. Newspaper links, website links, Electronic Media links. prflnkz/: Proof links. Newspaper links, website links, Electronic Media links. prf/: proof prtunt/: Pertinent to note that .

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1: Health and Medicine -Indian Herbal Medicine RASAYANAS ~ RASAYANA THERAPY**

According to <http://www.ccras.nic.in/node/113> -Rasayana is an Ayurvedic rejuvenation therapy which helps in maintenance and promotion of health . They have not given any Etymology. The Sanskrit word 'RaSA' has several meanings . Two common meanings are 1. Fluids and juices. 2. tastes such as sweet, sour, salt, bitter, hot, astringent.

The word 'Ayana -or AyaNa' , common meaning is 'movement'. Eg. rAmAyaNa =Movement of Rama .

RasAyana has, therefore, to mean movement of body fluids and

juices.

The same website says : Rasayana essentially means nutrition at all levels from macro to micro-cellular level.

Some Rasayana herbs are :

Amalaki (Phyllanthus emblica),
Aswagandha (withania somnifera),
Brahmi (Bacopa monnieri),
Guduchi (Tinospora cordifolia)
Shankhapushpi (Convolvulus pluricaulis),
Yastimadhu (Glycyrrhiza glabra) etc.,

॥

2: WORLD CURRENT AFFAIRS -POLITICIANS ~Global Habits **

Politicians worldwide have some



3: Health and Medicine
-Coronavirus -WHO Team seems
to have NOT DONE its FieldWork
properly **

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typical similar traits.

One such trait is, they shed crocodile tears abundantly .

Whenever some politician shows some sympathy for somebody or for something genuinely or hypocritically , immediately a rival politician will blurt out, or burst out that crocodile tears are being shed .

Politicians at apex are not expected to shed tears in public affairs , especially those who have GREAT STOUT HEARTS as role-models.

There is a proverb in a language which approximaely translates into English as : "We should not believe a WEEPING MALE and LAUGHING FEMALE".

ybdnky's rqst: Please do not misunderstand me as a gender discriminator or as a misogynist. After all, it is a proverb . This proverb has not been invented by me . Besides , I am a bit confused, about the purpose of this blog of mine. I often question myself: Am I writing this in a lighter vein ? Or am I writing some serious

stuff ? If I am writing some serious stuff , then it must conform to my goals of Atheism and Marxism. I must ensure that I am not injecting slow poison into Readers' minds. If my intent is just to generate some laughter, then also I should ensure that Readers' does not get hurt . In addition , I do not have God fathers or big lawyers to save me if some despotic politician or bureaucrat or some religious bygot / chauvinist gets irked with what I write and litigate. We are not great people to write books from jails.

RR2

3: Health and Medicine
-Coronavirus
-WHO Team seems to
have NOT DONE its
FieldWork properly
**

Australian Senator Matt Canavan, too, was reported to have been





critical of the WHO Investigation Team in China and said:

"Through this whole process, China's acted like it had something to hide and it has frustrated the inquiry, dragged it out."

"We needed this inquiry to start pretty much straight away if there was any hope of finding conclusions and it hasn't," Canavan was quoted as saying by news.com.au."

"In the past, the Chinese have repeatedly pinned the blame for the pandemic on other countries, including

Bangladesh, the US, Greece, India, Italy, Czech Republic, Russia, and Serbia."

ybrao-a-donkey's personal view:
China seems to be hiding something about Corona Virus. It might have probably intended to use it as biological weapon.

Question: You seem to be enmical on China .

Ans: I have no animosity towards any country . However , I am enmical towards dictatorial countries , dictatorial Governments , dictatorial leaders. China professes to be a Communist country nor a Democratic country . It is a Dictastorial wolf in any skin. Dictatorial Governments do not pity their own citizens. How will they sympathize or empathize World Citizens.

Chinese Foreign Ministry





spokesman Zhao Lijian was reported to have said :

The tracing of the virus origin will most likely involve multiple countries and localities.

@@3

4: COUNTRIES & CRAZES ~ LOCK DOWNS **



Angela Merkel

German Chancellor is reported to have said :

**lockdown will be extended
until March 7.**

yb-donkey's view: Heads of Government and Heads of States seem to be CRAZY about imposing and continuing Lock Downs. Any way, let us hope that Germany will not extend its Lock-downs beyond March 7, 2021.

I am not referring to the damage which takes place to the Economy. I am referring to extremely abnormal disruptions to lives . Lives after Lockdowns resemble Smashed Railway Coaches after accidents.

@@4

5: VALENTINE DAY ~ CRAZE HAS BEGUN **

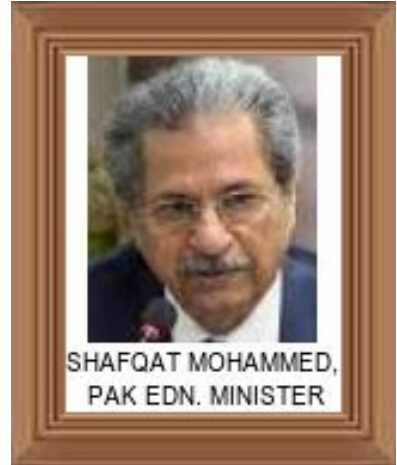
Valentine day Craze has begun. E Commerce Companies are tempting people . They are even offering credit (finance) for purchasing





gift articles to the beloveds. So far so good, ok. What they will do after the Valentine Day? They will start pestering the Lovers for Principal and interest , at usurious rates . Then they will start sending Whatsap messages to Contacts of the Lovers, abusing and insulting them. This process goes on even after payment of Principal and interest . So, what is the cost of Love ? Are gifts compulsory for showing Love ? If so, gift of one basel leaf should be sufficient .
QQ5

6: SECURITY OF NATIONS -TERRORISM ~ PROBABLE REASONS **



Mr. Shafqat Mohammed, Federal Education Minister of Pakistan is reported to have said :

"Spread of Terrorism in Pakistan is the result of the Weak Education System in the country."

ybdnky-personal view: He is right . But we have to wait and see how he is going to strengthen it. If he really succeeds, it will do the world great good .
@@6





7: SOCIALIST ECONOMY ~How to make it to prosper ? **

Communist Parties worldwide , whether they represent themselves to be " Communist Parties " or " Socialist Parties " have transformed themselves as Centrist Parties . It must be noted that "supporting a democratic Government structure" need not mean that "Socialist Parties should support various hues of Capitalism " .

Simply because both Capitalist Parties are approaching Voters with populist promises which satisfy immediate needs of people , ignoring long term needs should Socialist Parties compete with them by offering same or similar doles? Definitely not .

Unfortunately , the Russian , te East European experiences have created bitterness , hatred , and apprehensions among people, that Communism is tyrannical. This is

because , Russian and Chinese Governments perpetrated their tyrannical edicts against people, resulting in "Loss of Freedoms and Liberties" to people .

Worldwide , Communist Parties have to work hard to convince people and dispel their suspicions about Communism and Socialism
QQ7

8: AUTO COMPLETIONS STARTING WITH 1 ~ SNIPPETS **

The Following Auto-completion Snippets have been tested by me, by including them in snippets.com file of Geany Text Editor.

How to use:

In Geany Text Editor: Select, copy and paste the following Snippets in the Snippets.conf file, which can be found as a HIDDEN FILE in the hidden directory (folder) .config (Hidden files start with dot i.e. .), sub-folder Geany. If you are unable to see the hidden fold-





er .config in your Home Folder,
in Linux File Explorer (in case
of Windows, Windows File Explorer),
press Control+h. You will find the
.config folder. When you open it,
you can see Geany icon and fold-
er. Open the Geany folder, then you
will find , along with other Geany
config files, the snippets.conf
file.

108a=108 Ambulance
109b=109 Battalion
10a=10th April
10acw=ten acres
10au=10th August
10au8=10th August 2018
10d=10th December
10F=10th Feb.
10hu=1000
10hz=10 hours
10j=10th January
10jl=10th July
10ju=10th June
10m=10th March
10m16=10th March 2016
10m8=10th March 2018
10my=10th May
10n=10th November
10o=10th October
10s=10th September

10t=10-That:
10th=10th
10tho=ten thousand
10y=ten years
1=1
11=11
11a=11th April
11au=11th August
11d=11th December
11F=11th Feb.
11h=1100
11j=11th January
11jl=11th July
11ju=11th June
11ju=11th June
11jul5=11th June 2015
11m=11th March
11my=11th May
11n=11th November
11o=11th October
11s=11th September
11t=11-That:
11wd=11th Ward
12=92
12a=12th April
12au=12th August
12d=12th December
12F=12th Feb.
12fictntz=12. First Information
Contents :
12h=1200





12j=12th January
12jl=12th July
12ju=12th June
12la=twelve lakh
12L=Rs. 12,00,000/-
12ls=Rupees twelve lakh
12m=12th March
12my=12th May
12n=12th November
12o=12th October
12s=12th September
12t=12-That:
13a=13th April
13au=13th August
13d=13th December
13f=13th Feb.
13h=1300
13j=13th January
13jl=13th July
13ju=13th June
13la=thirteen lakh
13m=13th March
13my=13th May
13n=13th November
13o=13th October
13s=13th September
13t=13-That:
13thd=thirteen thousand
13=thirteen
13th=thirteen thousand
13w=thirteen

14a=14.10.
14a=14th April
14akj=14.10.2019
14au=14th August
14b=14 Battalion
14d=14th December
14f=14th Feb.
14h=1400
14j=14th January
14jl=14th July
14ju=14th June
14la=fourteen lakh
14m=14th March
14my=14th May
14n=14th November
14o=14th October
14rth=Rupees fourteen thousand
14rt=Rs. 14,000/-
14s=14th September
14t=14-That:
14th=fourteen thousand
14tho=fourteen thousand
15=1. Question: 1. Answer: 2. Question: 2. Answer: 3. Question 3. Answer: 4. Question: 4. Answer: 5. Question: 5. Answer:
15a=15th April
15au=15th August
15auj47=15th August 1947
15d=15th December
15dyz=15 days





15f=15th Feb.
15hh=1,500/-
15h=1500
15huw=one thousand five hundred
15j=15th January
15jl=15th July
15ju=15th June
15m=15th March
15my=15th May
15n=15th November
15o=15th October
15o8=15th October 2018
15oy=fifteen only
15rth=Rupees fifteen thousand
15rt=Rs. 15,000/-
15s=15th September
15t=15-That:
15th=15,000
15tho=fifteen thousand
15w=fifteen
16a=16th April
16au=16th August
16d=16th December
16f=16th Feb.
16ft=3,67,000
16h=1600
16j=16th January
16jl=16th July
16ju=16th June
16m=16th March
16my=16th May

16n=16th November
16o=16th October
16s=16th September
16t=16-That:
16th=sixteen thousand
16wad=sixteen and
16w=sixteen
17a=1710.
17a=17th April
17au=17th August
17d=17th December
17f=17th Feb.
17h=1700
17j=17th January
17jl=17th July
17ju=17th June
17la=seventeen lakh
17m=17th March
17my=17th May
17n=17th November
17o=17th October
17s=17th September
17t=17-That:
18a=18th April
18au=18th August
18d=18th December
18f=18th Feb.
18h=1800
18j=18th January
18jl=18th July
18ju=18th June





18la=eighteen Lakh
 18m=18th March
 18my=18th May
 18n18=18th November 2018
 18n=18th November
 18n=18th November
 18o=18th October
 18s=18th September
 18t=18-That:
 18w=eighteen
 19a=19th April
 19au=19th August
 19d=19th December
 19f=19th Feb.
 19h=1900
 19j=19th January
 19jl=19th July
 19jl=19th July
 19ju=19th June
 19m=19th March
 19my=19th May
 19n=19th November
 19o=19th October
 19o=19th October
 19o8=19th October 2018
 19s=19th September
 19t=19-That:
 19wd=19th Ward
 19w=nineteen
 19wrd=19th Ward
 1a=01.10.

1a=1st April
 1aj=01.10.19
 1ajzo=01.10.1984
 1au=1st August
 1b=01.11.
 1ce=one crore
 1c=one cent
 1cr=one crore
 1d=1st December
 1f=1st Feb.
 1f=1st Floor
 1h=100
 1h=100
 1hu=one hundred
 1im=1st Item
 1j=1st January
 1jl=1st July
 1ju18=1st June 2018
 1ju=1st June
 1ju=1st June
 1k=1000
 1kd9h90=one thousand nine hundred
 ninety
 1kd9h96=one thousand nine hundred
 ninety six
 1kd9h=one thousand nine hundred
 1kd=one thousand
 1l=1,00,000
 1la=one Lakh
 1ln=1st line
 1m=1st March





1my=1st May
1n=1st November
1o=1st October
1p3b=1.3 billion
1p3bn=1.3 billion
1s=1st September
1stl=1st Line
1t=1-That:
1th=1000
1tho=one thousand
1tps=1 Town Police Station
1true=a'1 true b'2 true c'both true
d'none true e'%cursor% f'
1y=1 year
1yebk=one year back
1yr=1 year
1yrb=1 year back
1yrbk=1 year back
QR8

9: MANAGEMENT: RESIS- TANCE TO CHANGE ~ OVERCOMING METHODS

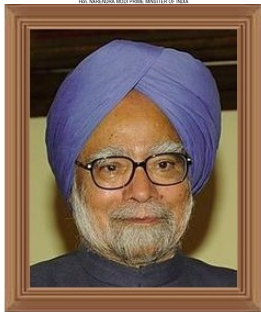


In U.S.A. there is a convention of Presidents serving for a maximum of two terms . Late Franklin Roosevelt was an exception ; he was

elected for four terms . Had Mr. Donald Trump been re-elected he might have boasted that he would repeat Late Roosevelt's feat. It did not happen .

In India , will BJP expect a 3rd term ? Hon. Shri Manmohan Singh received two terms from 2014 to 2019 from voters. Hon. Shri Narendra Modi too received two terms . He is going through his 70th year (Date of Birth :17th September 1950 . By the 2024 General Election in India, he will not cross the maximum limit of 75 years age set by himself . There are no indications of his having got vexed with Prime Ministerial burdens . Similarly , there are no indications of BJP Members of Lok Sabha having got vexed with him . In the same manner people of India seems to be forbear with BJP Party and its Prime Minister , notwithstanding the problems they may face whenever Reforms are hastily thrust on people without advance planning and preparations .





Hon. MANMOHAN SINGH,
PRIME MINISTER OF INDIA 2004-2014

One suggestion which can be given at this stage is : Reforms can be implemented in a smaller area, such as in one or two small States and based on the feedback corrections can be made in the Proposals. Then proposals can be put forward in two medium sized States . On further feedback , the proposals can be tried in two large

States . In the fourth stage , the Proposals can be tried at ALL India Level .

There is a "Sumati Satakam" Telugu verse, which is relevant here , but which might have worked in 13th Century . Qmaxwkiky

nayamuna pAlun trAvaru
bhayamuna vishammu naina
bhakshinturu gA
nayamenta dOsa kAriyo
bhayamE cUpanga valayu
bAguga sumatl !

English Gist : O Virtuous minded person ! When asked gently, nobody will drink even milk. When threatened, they will swallow even poison. As gentleness will be ineffective , fear is to be administered well.

A balanced and contingency approach may have to be em-





played . Plucking flowers and
Cutting firewood, both are Arts
and Sciences at the same time .

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**MANAGEMENT: RESIS-
TANCE TO CHANGE ~
OVERCOMING METHODS ****





FREEDOM-FIGHTERS OF INDIA